



Minnesota Council on Family Relations

MNCFR Spring 2018 Conference

Helping Families Deal with the Opioid Crisis

With

Lexi Reed Holtum

Executive Director of the Steve Rummler HOPE Network



Lexi Reed Holtum has been with the organization from the beginning. She was instrumental in the passage of Steve's Law and the 2015 appropriation enabling first responders to have the resources they need to implement the law. She's created the Network's Overdose Prevention Program and fostered partnerships with hospitals, treatment and sober living facilities, and communities in order to reduce opioid overdose deaths. In addition to the contributions Lexi makes in Minnesota, she is a nationally sought-after speaker and advocate. Her testimony in Washington DC has offered perspective to government agencies as they adjust the ways we approach our national opioid epidemic. Lexi is a person in long-term recovery from the disease of addiction, the proud mother of one child, and she was Steve Rummler's fiancé.

Also featuring family members who have dealt with the aftermath of an opioid overdose

Topics will include:

- Helping families deal with the opioid crisis
- What should we know and teach to families
- Ways of dealing with pain
- Signs of addiction and what to look for
- Treatment for opioid addiction
- Overdoses
- Living in the aftermath of an opioid death
- Advocacy

**CEU's and Clock Hours
Available!!!**

Saturday, April 21, 2018

9:00-11:30am

Lowell Inn Conference Center

102 North Second Street

Stillwater, MN 55082

Registration fees (includes continental breakfast):

\$25 for MNCFR members (and it's not too late to join!)

\$35 for non-members

\$25 for students

**To register go to the
MNCFR website at:
<http://mn.ncfr.org>**