

Friday, Sept. 18, 2009

*** Media Advisory ***

Grand Rounds Parkway closed this Sunday as thousands cycle through Minneapolis



Cyclists can still register Saturday, Sunday



What	Approximately 3,000 cyclists have pre-registered for the 3 rd Annual Minneapolis Bike Tour. With perfect weather expected, thousands more are expected to register.
When	Registration <ul style="list-style-type: none">• Saturday, Sept. 19, 9 a.m.-noon• Sunday, Sept. 20, 6:30-8:30 a.m. Participants must begin the tour between 7:30 a.m. and 9 a.m.
Where	The start and finish lines are on Parade Field, 400 Kenwood Parkway, Minneapolis
Photo Ops	The tour draws people of all ages – from the avid cyclist to families taking a scenic tour of the Chain of Lakes. They come on unicycles, tandems, recumbents and pull-behinds with children and even dogs!
More Information	<p>The tour provides an opportunity for cyclists to enjoy Minneapolis' spectacular park and byway systems at their own pace, unhindered by motorized traffic. Participants experience natural wonders, urban charm and take in historical sites such as the Stone Arch Bridge.</p> <p>The 37-mile course spans the entire scenic Grand Rounds Byway System, showcasing the Chain of Lakes, Minnehaha Creek, the Mississippi River, Victory Memorial Parkway and the woodlands of Theodore Wirth Park. The 14-mile short course offers a circuit around Lake of the Isles, Lake Calhoun and Lake Harriet.</p> <p>Proceeds benefit the Minneapolis park system. The Bike Tour is presented by the Minneapolis Park and Recreation Board, the Minneapolis Parks Foundation and Toyota.</p> <p>www.minneapolisbiketour.com</p>
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Minneapolis Bike Tour – Sunday, Sept. 20, 2009



MINNEAPOLIS TOUR

www.minneapolisbiketour.com

37-mile route 
 14-mile route 

MAPLE GROVE
CYCLING
TREK

PENN
cycle & fitness

water stop
#4



pit stop

water stop
#3



ERIK'S

Start/Finish



Brownie Lake

Cedar Lake

Lake of the Isles

Lake Calhoun

Lake Harriet

Lake Hiawatha






Lake Nokomis

Diamond Lake

HIAWATHA
CYCLERY

water stop
#2



-  restrooms
-  water/refreshments
-  rest area
-  medical support
-  mechanical support

music provided at water stops by:

