



Futsal / Soccer Training at Matthews Park Rec Center with Coach Pete Munene

Soccer training that's fun, engaging and supportive for beginner to advanced players. We will focus on developing athletic, technical and ball handling skills that will allow players to play with more confidence and creativity.

The Matthews Park Youth Soccer Training and Futsal Free Play sessions are designed for motivated boys and girls ages 12-17 who have participated in MPRB or competitive soccer programs in the U13-U18 range. Each 90-minute intensive training will be divided into 30 minutes of speed, strength, and agility training; 30 minutes of technical/skill-building; and 30 minutes of small-sided futsal play. Players should bring a soccer ball and clean indoor soccer or court shoes.

Sponsored by Minneapolis Park and Recreation Board | Multiple sessions over the fall and winter
Matthews Park Rec Center | 2318 29th Ave S, Minneapolis, MN 55406 | (612) 370-4950

Tuesdays | Nov 6, 2018 to Dec 11, 2018 | \$70 | 6 Weeks | 18 Max

- **Soccer Training & Futsal Free Play I – MPRB Activity # 85019**

Ages 12-13 | 6:00 – 7:30pm

https://apm.activecommunities.com/minneapolisparcs/Activity_Search/soccer-training-futsal-free-play-i/83618

- **Soccer Training & Futsal Free Play II - MPRB Activity # 85020**

Ages 14-17 | 7:30 – 9:00pm

https://apm.activecommunities.com/minneapolisparcs/Activity_Search/soccer-training-futsal-free-play-i/83619

Mondays | Jan 7, 2019 to Feb 11, 2019 | \$70 | 6 Weeks | 18 Max

- **Soccer Training & Futsal Free Play III - MPRB Activity # 89624**

Ages 12-13 | 6:00 – 7:30pm

https://apm.activecommunities.com/minneapolisparcs/Activity_Search/soccer-training-futsal-free-play-iii/87981

- **Soccer Training & Futsal Free Play IV - MPRB Activity # 89626**

Ages 14-17 | 7:30 – 9:00pm

https://apm.activecommunities.com/minneapolisparcs/Activity_Search/soccer-training-futsal-free-play-iv/87983

Mondays | Feb 18, 2019 to Mar 25, 2019 | \$70 | 6 Weeks | 18 Max

- **Soccer Training & Futsal Free Play V - MPRB Activity # 94272**

Ages 12-13 | 6:00 – 7:30pm

https://apm.activecommunities.com/minneapolisparcs/Activity_Search/soccer-training-futsal-free-play-v/93580

- **Soccer Training & Futsal Free Play VI - MPRB Activity # 94273**

Ages 14-17 | 7:30 – 9:00pm

https://apm.activecommunities.com/minneapolisparcs/Activity_Search/soccer-training-futsal-free-play-vi/93581